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**Training of trainers**

**13th -15th November, 2019**

**Venue – The Ramada Hotel, Lucknow**

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|  | **Sessions** | **Faculty** |
| **Day 1: 13th November, 2019** | |  |
| 09.00-09.30 am | Registrations |  |
| 09.30-10.00 am | Welcome and Introductions | Dr Prabhdeep Kaur |
| 10.00-10.15 am | Burden of cardiovascular disease and hypertension in India | Dr Abhishek Kunwar |
| 10.15-10.40 am | India Hypertension Control Initiative - an overview | Dr Bhawna Sharma |
| 10.40-11.15 am | Diagnosis of hypertension (Lecture and hands on exercise) | Dr Roopa Shivashankar/Dr Tejpalsinh Chavan |
| 11.15-11.45 am | Tea |  |
| 11.45 am- 1.00 pm | Protocols and treatment of hypertension (Lecture and case studies) | Dr Prabhdeep Kaur |
| 1.00 - 2.00 pm | Lunch |  |
| 2.00- 3.30 pm | Drugs - forecasting , indenting , procurement and distribution (lecture and demonstration of templates) | Dr Abhishek/ Mr Swagata |
| 3.30 - 4.00 pm | Tea |  |
| 4.00 – 4.45 pm | Drugs – Exercises (contd) | Dr Abhishek/ Mr Swagata |
| **Day 2: 14th November, 2019** | |  |
| 09.30-10.15 am | Monitoring indicators | Dr Prabhdeep Kaur |
| 10.15-11.15 am | Monitoring indicators and reporting tools - Exercises | Dr Prabhdeep Kaur/Dr Chaksu Joshi/ Dr Roopa |
| 11.15- 11.45 am | Tea |  |
| 11.45 am - 1.00 pm | Monitoring indicators and reporting tools - Exercises | Dr Prabhdeep Kaur/Dr Chaksu Joshi/ Dr Roopa |
| 1.00 - 2.00 pm | Lunch |  |
| 2.00 – 3.45 pm | Simple app - lecture and demonstration | Dr Ganeshkumar/ Dr Bidisha |
| 3.45 -4.30 pm | Tea |  |
| 4.30- 5.00 pm | Opportunistic screening and patient flow | Dr Roopa Shivashankar |

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| **Sessions** | | **Faculty** |
| **Day 3: 15th November, 2019** | |  |
| 09.30-10.15 am | Team based care and patient centric approaches | Dr Abhishek Kuwar/Dr Tejpal Sinh Chavan |
| 10.15 - 11.00 am | Strategies to prevent and reduce loss to follow up | Dr Abhishek/Dr Bidisha |
| 11.15-11.45 am | Tea |  |
| 11.45 – 12.15 pm | Supportive Supervision / Role of CVHO and STS | Dr Abhishek Kunwar |
| 12.15 – 1.15 pm | Supportive supervision – Role play | Dr Prabhdeep Kaur/ Ms Jhilam |
| 1.15 - 2.00 pm | Lunch |  |
| 2.00- 2.30 pm | BP monitors | Dr Prabhdeep Kaur |
| 2.30- 3.30 pm | Planning for training in the districts/ Develop draft plan / Wrap up | Dr Abhishek/ Dr Chaksu Joshi |
| 3.30 pm | Tea |  |

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